



## **CAPABILITY STATEMENT - Active Relationships Center, LLC**

### **Curriculum Development | Professional Trainings | Relationship Skills Curricula**

Active Relationships Center, LLC (ARC) develops relationship skills curricula and conducts professional trainings to certify leaders to present our curricula. ARC also sells leader guides and participant manuals. Our curricula utilize best practices and proven theory from the fields of resilience, mindfulness, relationship wellness and psychoeducation. Evidence-based, our curricula are in use nationally and internationally. To date we offer a variety of curricula including for individuals and for partners, workplace teams or families, and for military and civilian audiences. We also offer curricula for faith-based communities and for Spanish-speaking communities.

#### **ARC's federal designation**

Headquartered in Spokane WA, ARC is a Texas registered S-Corp and an SBA designated small, woman-owned company. *Please call our offices for DUNS, Cage Code and Tax information.*

#### **Our team**

Our company operates with seasoned Master Trainers and a curricula developer with a Psychology MA, 20 years of Marriage and Family Therapy experience and history as educator for special needs families.

#### **What sets us apart?**

Different than non-ARC curricula, we innovatively involve participants in enjoyable and dynamic ways and our presentations are highly interactive to ensure that our audiences have knowledge and practice utilizing skills while in attendance. Our processes are performance-based. We utilize multiple media and a strategic mix of technology to enhance attendees' experiences.

#### **Our core capabilities**

- Curricula development
- Professional certification training
- Training directly for end users
- Consulting and team building
- Comprehensive events - ARC is capable of training onsite assistant facilitators and reaching audiences of teams or individuals, up to 350 in attendance, in a two- to three-day event
- Leader development
- Creating and selling leader's guides and participant manuals
- Marriage and family therapy



# ACTIVE RELATIONSHIPS

Stronger Connections. Brighter Futures.

## Major clients

- United States Air Force
- United States Air National Guard & Reserves
- United States Army
- United States Army National Guard & Reserves
- United States Department of Corrections
- Federal grant recipients of Responsibly Fatherhood & Healthy Marriage Initiatives
- Hebrew Immigrant Aid Society

## Our evidence-base

Research on our programs was conducted by Baylor University School of Social Work across five years. Research was published in peer review journals.

We offer curricula approved for the United States Army “Building Strong and Ready Teams” (BSRT) and are approved by DHHS for use with federal grantees.

## Curricula we offer (including but not limited to)

- Active Military Life and Resiliency Skills (military individuals or partners)
- Active Mindfulness and Strong Warriors (military individuals, teams)
- The Mastery Series (military or civilian individuals and teams)
- Active Choices (civilian individuals or pre-marital partners)
- Active Military Families (entire military families)
- Active Families (entire civilian families)
- Active Adults (civilian individuals, teams)
- Active Money Personalities (civilians - partners)
- Active Romance (military or civilians - partners)

## North American Industry Classifications NAICS

-11430 -323117 -424920, -611710 -621330 -624110 -624190 -812990

## To contact us

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